



South Ural State University
National Research University
Institute of Sport, Tourism and Service

5100



6-7 December

icISTIS-2018

INTERNATIONAL CONFERENCE
on Innovations in Sports,
Tourism and Instructional Science

III International Conference

**INNOVATIONS IN SPORTS,
TOURISM AND INSTRUCTIONAL
SCIENCE icISTIS-2018**

CONFERENCE WEB-SITE
icistis.susu.ru

December 6

Time	Event
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9:00-10:00	Registration
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CONFERENCE OPENING

Erlikh Vadim Viktorovich

Chairman of the organizing committee, Head of the Institute of Sports, Tourism and Service, South Ural State University – SUSU (NRU), Sc.D., PhD in Biological Sciences, Professor of Theory and Methods of Physical Education and Sport Department, SUSU (NRU)

10:00	<h3>Shestakov Alexander Leonidovich</h3> <p>Rector of South Ural State University (NRU), Sc.D., PhD in Technical Sciences, Professor, Honorary Figure of Russian Higher Education, Chairman of the Council of Rectors of the Ural Federal District, Vice-President of the Russian Rectors' Union</p> <h3>Yakushev Vitaliy Nikolaevich</h3> <p>Deputy Minister of Physical Education and Sport of the Chelyabinsk region, Merited Coach of the Russian Federation</p>
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Shestakov Alexander Leonidovich

Rector of South Ural State University (NRU), Sc.D., PhD in Technical Sciences, Professor, Honorary Figure of Russian Higher Education, Chairman of the Council of Rectors of the Ural Federal District, Vice-President of the Russian Rectors' Union

Yakushev Vitaliy Nikolaevich

Deputy Minister of Physical Education and Sport of the Chelyabinsk region, Merited Coach of the Russian Federation

PLENARY REPORTS

10:30-10:50	<p>Honest and healthy sport</p> <p>Kucheeva Kristina Olegovna, expert of the Russian Anti-Doping Agency (RUSADA), Moscow</p>
10:50-11:10	<p>Relations between different isometric rate of force development contractile characteristics and specific motoric abilities at volleyball players according to the gender</p> <p>Milivoj Mita Dopsaj, Professor, Sc.D., Serbia University of Belgrade, Serbia</p>
11:10-11:30	<p>Biomechanics of sport and postural balance</p> <p>Epishev Vitaliy Viktorovich, PhD in Biological Sciences, Head of Scientific and Research Center for Sports Science, SUSU, Chelyabinsk</p>
11:30-11:50	<p>Theoretical classes for Physical Education in secondary school in Romania</p> <p>Laurentiu-Gabriel Talaghir, Professor, Sc.D., Romania Universitatea Dunarea de Jos din Galati: Galati, Romania</p>

Honest and healthy sport

Kucheeva Kristina Olegovna, expert of the Russian Anti-Doping Agency (RUSADA), Moscow

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Relations between different isometric rate of force development contractile characteristics and specific motoric abilities at volleyball players according to the gender

Milivoj Mita Dopsaj, Professor, Sc.D., Serbia University of Belgrade, Serbia

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Biomechanics of sport and postural balance

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Theoretical classes for Physical Education in secondary school in Romania

Laurentiu-Gabriel Talaghir, Professor, Sc.D., Romania Universitatea Dunarea de Jos din Galati: Galati, Romania

Time	Event
11:50-12:00	<p>GTO for controlling general physical preparedness in athletes Belenkov Alexander Sergeevich, Head of the Directorate of SMM and All-Russian Physical Education and Sports Complex (GTO) in the Chelyabinsk region, Chelyabinsk</p>
12:00-13:00	<p>COFFEE-BREAK OPEN DISCUSSION POSTER SESSION REGISTRATION AND GTO STANDARDS PERFORMANCE</p>
13:00-13:20	<p>Prevention and treatment of spine injuries Shevtsov Anatoliy Vladimirovich, Sc.D., PhD in Biological Sciences, Professor, Head of Physical Rehabilitation Department, Lesgaft National State University of Physical Education, Sport and Health, St. Petersburg</p>
13:20-13:50	<p>Insights to how the pedagogical variation model may reduce attrition rates and thereby increase retention rates in sports' coaching: pedagogical leadership within physical education for health promotion Rogers Maria Susy, Sc.D., PhD., Professor University of South Wales, Pontypridd, UK</p>
13:50-14:10	<p>The role of studies on postural balance in sports Batueva Albina Emilievna, Sc.D., PhD in Medical Sciences, Professor of Sports Improvement Department, South Ural State University, Chelyabinsk</p>
14:10-14:30	<p>Sports reserve: issues and prospects Seremak Svetlana Ivanovna, Instructor and Methodologist, Organization and Methodology Department, Federal Center for Sports Reserve Training, Ministry of Sport of the Russian Federation</p>
14:30-14:50	<p>Development of children football in Russia Krivenkiy Vladimir Ivanovich, Deputy Director, Head Coach, Football Sports School of Olympic Reserve "Signal", Chelyabinsk</p>
14:50-15:10	<p>Kinesio taping in sports and rehabilitation medicine Egorov Maksim Vladimirovich, PhD in Biological Sciences, Head of «Ural-massage» Academy, Chelyabinsk</p>



Time	Event
15:10-15:30	<p>Practical implementation of the system for assessing functional preparedness in athletes Surina-Marysheva Elena Fedorovna, PhD in Biological Sciences, Researcher, Scientific and Research Center for Sports Science, SUSU, Chelyabinsk</p>
15:30-16:00	DISCUSSION
16:00-...	CULTURAL AND EDUCATIONAL EVENTS

POSTER SESSION

Development of Smart-insole technology
Bronsh Sergey Sergeevich, Erakhtin Konstantin Mikhailovich
 Postgraduate students, Institute of Sports, Tourism and Service, SUSU (Theory and Methods of Physical Education and Sport Department), Chelyabinsk

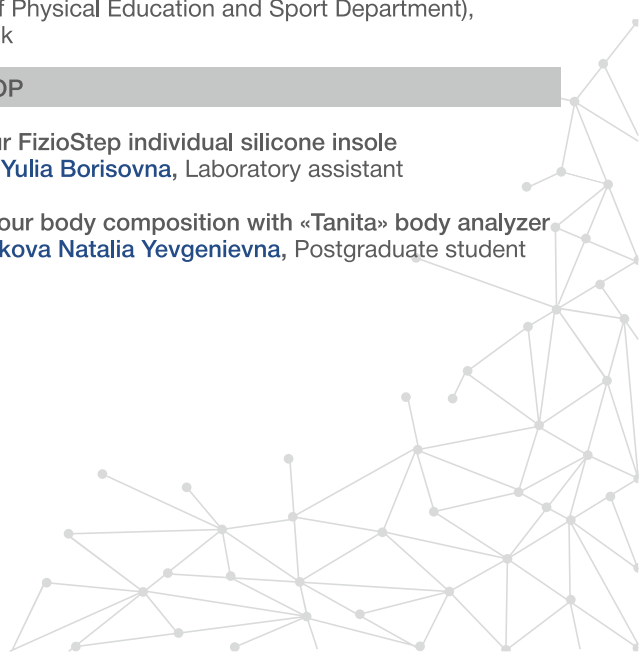
ECG-orthopedic devices
Kodkin Vladimir Lvovich, Sc.D, PhD in Technical Sciences, Professor, Scientific and Research Center for Sports Science, SUSU, Chelyabinsk

Mechatronic Rehabilitation Device
Petrov Aleksey Aleksandrovich, Postgraduate student, Institute of Sports, Tourism and Service, SUSU (Theory and Methods of Physical Education and Sport Department), Chelyabinsk

WORKSHOP

Create your FizioStep individual silicone insole
Korableva Yulia Borisovna, Laboratory assistant

Measure your body composition with «Tanita» body analyzer
Kleshchenkova Natalia Yevgenievna, Postgraduate student



Time	Event
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9:00-10:00	Registration
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10:00	2nd DAY OPENING
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Erlikh Vadim Viktorovich

Chairman of the organizing committee, Head of the Institute of Sports, Tourism and Service, SUSU (NRU), Sc.D., PhD in Biological Sciences, Professor of Theory and Methods of Physical Education and Sport Department, SUSU (NRU)

Stolbov Dmitriy Aleksandrovich

Head of the Center for Tourism Development in the Chelyabinsk region

Vorozhtsov Igor Pavlovich

Head of Tourism Department, Ministry of Culture of the Chelyabinsk region

PLENARY REPORTS

10:30-10:40	<p>Tourists' satisfaction in NP Taganay (Russia) and NP Tara (Serbia): A comparative analysis</p> <ul style="list-style-type: none"> • Tretiakova Tatyana Nikolaevna, Sc.D., PhD in Pedagogical Sciences, Professor of Tourism and Social and Cultural Services Department, SUSU • Brankov Jovana, PhD, Researcher of the Geographical Institute Jovan Cvijic, Serbian Academy of Sciences and Arts, Belgrade • Senior Researcher, Tourism and Social and Cultural Services Department, SUSU
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10:40-11:00	<p>Social and cultural reasons of changes in the functions of modern tourism managers</p> <ul style="list-style-type: none"> • Guliev Novruz Amirhanovich, Sc.D, PhD in Pedagogical Sciences, Professor of Hotel and Restaurant Business Department, Azerbaijan Tourism and Management University
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11:00-11:20	<p>Presentation of the joint project on specially protected natural areas "The Great Ural Road"</p> <ul style="list-style-type: none"> • Yakovlev Aleksey Mikhailovich, Head of the NP Taganay • Kuznetsov Vladimir Mikhailovich, Head of the NP Bashkiriya, Ufa • Bakirova Rafiliya Talgatovna, Head of the joint Directorate of Orenburgskiy and Shaitan-Tau State Natural Reserves, Orenburg
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Time	Event
11:20-11:40	<p>Children tourism: development issues and prospects</p> <ul style="list-style-type: none"> • Ishkaeva Svetlana Maratovna, Chairman of the Commission for Children and Youth Tourism of the Regional Federation of Sports Tourism of the Chelyabinsk region
11:40-12:00	<p>Influence of international sports events on the social and economic development of a host region</p> <ul style="list-style-type: none"> • Freynkina Irina Aleksandrovna, PhD in Pedagogical Sciences, Associate Professor, SUSU, Chelyabinsk
12:00-13:00	<p>COFFEE-BREAK OPEN DISCUSSION</p>
13:00-13:20	<p>The health aspects of sports tourism: The example from the mountains in Vojvodina Province (Northern Serbia)</p> <ul style="list-style-type: none"> • Petrovic Marko, PhD, Professor, Researcher of the Geographical Institute Jovan Cvijic, Serbian Academy of Sciences and Arts, Belgrade Professor of Tourism and Social and Cultural Services Department, SUSU; • Vujko Aleksandra, PhD, Professor at Novi Sad Business School, Senior Researcher of Tourism and Social and Cultural Services Department, SUSU
13:20-13:50	<p>Ecological value of the Taganay National Park and sustainable development for tourism</p> <ul style="list-style-type: none"> • Syromiatnikova Yulia Alekseevna, PhD in Pedagogical Sciences, SUSU, Chelyabinsk
13:50-14:10	<p>Bioclimatic characteristics in Serbia in the context of sports and tourism</p> <ul style="list-style-type: none"> • Pecelj Milica, PhD, Professor of the University of East Sarajevo, Bosnia and Herzegovina Professor of Institute Jovan Cvijic, Serbian Academy of Sciences and Arts, Belgrade Researcher of Tourism and Social and Cultural Services Department, SUSU
14:10-14:30	<p>Recreational space and stress-factors of city environment (on the example of citizens from small and big cities)</p> <ul style="list-style-type: none"> • Morozova Svetlana Viktorovna, PhD in Psychological Sciences, Associate Professor, SUSU, Chelyabinsk
14:30-14:50	<p>Comprehensive assessment of recreational potential for the development of water tourism in the Urals</p> <ul style="list-style-type: none"> • Cherepanov Andrey, Master's student, SUSU, Chelyabinsk
14:50-15:30	<p>DISCUSSION</p>
15:30	<p>CULTURAL AND EDUCATIONAL EVENTS</p>

Working

Soni Krivoy 65,
room 305.,
10.00-13.00

DRUG-FREE SPORTS: PROMISING RESEARCH AND PREPARATION METHODS

Moderators:

- **Cherepov Evgeniy Aleksandrovich**, Sc.D., PhD in Pedagogical Sciences, Associate Professor, Head of Physical Education and Health Department, SUSU (NRU), Chelyabinsk
- **Nenasheva Anna Valerievna**, Sc.D., PhD in Biological Sciences, Associate Professor, Head of Theory and Methods of Physical Education and Sports Department, SUSU (NRU), Chelyabinsk

Speakers:

Buldakova Natalia Viktorovna, Sc.D., PhD in Pedagogical Sciences, Professor

Targeted development of jumping ability in young basketball players using circuit training
Vyatka State University, Kirov

Loginov Sergey Ivanovich, Sc.D., PhD in Biological Sciences, Professor

Biomechanics of walking cadence: issues and solutions
Surgut State University, Surgut

Pavlova Vera Ivanovna, Sc.D., PhD in Biological Sciences, Professor

Postural balance in elite taekwondo athletes
South Ural State Humanitarian Pedagogical University,
Chelyabinsk

Rychkova Lidiya Sergeevna, Sc.D., PhD in Medical Sciences, Professor

Formation of conflict-free game skills in female volleyball players during training classes
South Ural State University, Chelyabinsk

Khomenko Ruslan Vasilievich, PhD in Pedagogical Sciences, Associate Professor

High-speed video recording in weightlifters' training
South Ural State University, Chelyabinsk

Soni Krivoy 65,
room 305.,
10.00-13.00

Bakhareva Anastasia Sergeevna, PhD in Biological Sciences,
Associate Professor
Advanced studies of biomechanics in racing-skiers
South Ural State University, Chelyabinsk

Saraykin Dmitriy Andreevich, PhD in Biological Sciences,
Associate Professor
Body composition in combat athletes
South Ural State Humanitarian Pedagogical University,
Chelyabinsk

Korableva Yulia Borisovna, Laboratory Assistant
Correlation between postural balance and rhythm and
conduction disorders in athletes
South Ural State University, Chelyabinsk

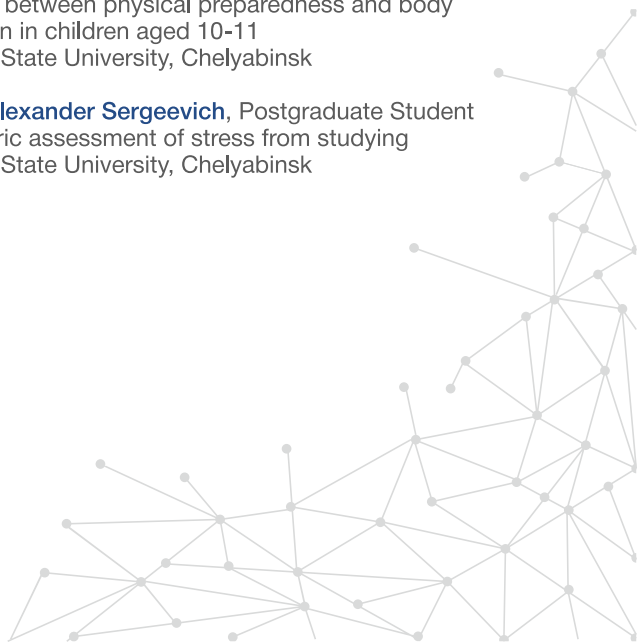
Shakhovskiy Alexey Pavlovich, Senior Lecturer
Stabilometry in the training of boxers
South Ural State University, Chelyabinsk

Khafizova Anastasia Sergeevna, Postgraduate Student
Application of ECG T-shirt in sports practice
South Ural State University, Chelyabinsk

Baymukhametova Elvira Faritovna, Postgraduate Student
Thermography of the lower limbs in women aged 18-20
South Ural State University, Chelyabinsk

Kleshchenkova Natalia Yevgenievna, Postgraduate Student
Correlation between physical preparedness and body
composition in children aged 10-11
South Ural State University, Chelyabinsk

Ushakov Alexander Sergeevich, Postgraduate Student
Stabilometric assessment of stress from studying
South Ural State University, Chelyabinsk



10:00 -13:00

WORKSHOP

SCHOOL 45

Chervyakova Svetlana Valentinovna, Coach, Golf Referee

MINI GOLF

10:00 -15:00

EDUCATIONAL SEMINAR (building 6, room 103)

Kucheeva Kristina Olegovna, expert of the Russian Anti-Doping Agency (RUSADA), Moscow

Issues under discussion:

1. Issues of doping in Russia and in the world;
2. Doping control procedures;
3. Biological Active Additives in sports.

15:00 -17:00

EDUCATIONAL SEMINAR (building 6, room 103)

Safety in Physical Education classes

Novitskaya Olga Gabdrashitovna, Head of the Occupational Safety and Health Department, South Ural State University, Chelyabinsk





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